



Sneeze, Cough, Boo!



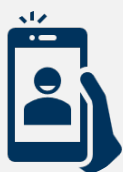
CENTRAL RIVERS
AREA EDUCATION AGENCY



Having Cold or Flu-Like Symptoms? Don't Forget about Doctor on Demand!

Members covered under the Wellmark medical plan have free Doctor on Demand visits.

About Doctor On Demand



Use your phone
or computer –
it's that simple!



Stay home when you're
not feeling well –
no need to go out

Need to see a doctor but can't get to the office? No problem! Doctor On Demand, you can talk to real, board-certified doctors anytime—day or night—right from your phone or computer.

Feeling better should be easy

Connect in minutes

Same day mental health appointments are available. You can also choose your provider and see a therapist or psychiatrist within days rather than months.

Available 24/7

Feeling awful at 2 AM? Kids sick on the weekend? No worries - doctors are available around the clock, even on holidays.

Get treatment for:

- Mental health
- Cold and flu
- Bronchitis and sinus infections
- UTI's
- Sore throats
- Allergies
- Fever
- Headache
- Pink eye
- Skin conditions

Getting started is easy

1. Scan the QR code to visit
<https://doctorondemand.com/microsite/wellmark/>
2. Have your Wellmark Blue Cross and Blue Shield ID card ready
3. Create an account or sign in to begin your visit
4. Pick your provider. Select the next available appointment or find the time best for your schedule.

